



## MEDICAL DISCLAIMER

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The information contained in NuMoxie's "Self-Health Reliance" healthy lifestyle curriculum is based on evidence that certain foods may adversely affect an individual's digestive system and perhaps the entire body. It entails a support group that is hoped will bind together, as relationships develop to help strengthen one another's resolve to enjoy a healthy lifestyle experience. NuMoxie's intention is to help encourage a change in lifestyle for the better through on-going coaching.